

INFORMATION ON LARYNGOSCOPY, BRONCHOSCOPY, ESOPHAGOSCOPY

A laryngoscopy, bronchoscopy and esophagoscopy or LBE, is a diagnostic procedure performed in the operating room. The doctor uses three different scopes to examine your throat. It is performed when an indirect examination of the back of your throat doesn't provide your doctor with enough information about your problem. It is also done routinely after you have had neck or throat surgery. A biopsy of any suspicious areas will be taken during the procedure. This is done with a special surgical instrument. NO cutting is involved. This procedure is most often done under general anesthesia. It only takes a short time but the endoscopes are uncomfortable in the back of your throat if you are awake.

What to expect after the procedure:

1. You will have a mild sore throat. This is only temporary and will go away. Usually no medication is necessary.
2. You may have a temperature below 101. Drinking fluids will help it return to normal.

The nurse in Same Day Surgery will tell you when the doctor wants to see you or have you call for the biopsy result.

COMPLICATIONS:

The following complications are rare, but possible.

1. Chipped or broken teeth.
2. Perforation (rare), which may require surgery for correction.
3. Anesthesia complications.

WHEN TO CALL THE DOCTOR:

Although these complications are rare, they can be serious. Call your doctor:

1. If you have a temperature greater than 100.
2. If you have severe pain.
3. If you have trouble swallowing.
4. If you are coughing up large amounts of blood.

The doctors may be reached through the 24 hour answering service at (312) 236-3642 or at the Advanced Center for Specialty Care at (773) 296-7040.