

**SURGERY INFORMATION  
FOR UVULOPALATOPHARYGOPLASTY  
AND/OR TONGUE BASE REDUCTION PROCEDURES**

Uvulopalatopharyngoplasty and tongue base reduction procedures are performed for treatment of snoring and obstructive sleep apnea. Like any other surgical procedure, successful results occur in a percentage of patients but is not guaranteed. A very significant percentage of patients may need additional treatment for their problem. Following uvulopalatopharyngoplasty and tongue base surgery, you may experience any of the following:

1. Sore Throat.
2. Sensation of swollen tissues in the throat.
3. Velopharyngeal incompetence, which means that when you drink liquids some of the liquid may come through your nose.
4. Numbness of the tongue.

These are **NORMAL** and in most cases will resolve within a period of time as healing takes place.

**COMPLICATIONS:** Complications are rare but may occur. The most common complication is that you may need additional treatment to correct your sleep apnea or snoring. Other complications that are extremely rare but may occur include:

1. Bleeding.
2. Infection.
3. Sensation of chronic phlegm (mucous) in the throat.
4. Persistent Velopharyngeal incompetence (food or liquids flowing into the nasal cavity when swallowing).
5. Scarring of the tissues which may cause nasal obstruction.
6. Change in voice tone or quality (extremely rare).